**NGA Questions for governors/trustees to ask about wellbeing in school:**

1. Is our school a listening school?
2. How aware is the school community of the importance of promoting good mental health?
3. Do we have a mental health policy?
4. Is mental health a part of our curriculum?
5. Have staff been trained to recognise and respond to mental health issues?
6. Do staff know who to refer mental health concerns on to?
7. Have we usefully pooled our knowledge of local support and services?
8. Have we considered how best to work with parents and the wider community?
9. Are we meeting the emotional wellbeing needs of staff?